

# THE PSALMS



Psalm 38  
The Burden of Sin

# A Plea For Mercy

(vv. 1, 2)

- **To Withhold His Anger**

- No Rebuke

**PSA. 141:5; NAH. 1:6**

- No Chastening

**PROV. 3:11**

- **The Weight of the Lord's Anger**

- Piercing

**HEB. 4:12**

- Crushing

**PSA. 32:4**





# The Burden of His Sin (vv. 3-10)

- **Physically Draining** (v. 3)
- **Overwhelming** (v. 4)
- **Weakened & Wounded** (vv. 5-10)



# Abandoned, Mistreated (vv. 11-14)

- **Friends and Family** (v. 11)
- **His Enemies** (v. 12)
- **His Response** (vv. 13, 14)



# His Plea For Help

(vv. 15-22)

- **The Lord His Hope**
  - Knowing He Would Hear
  - A Plea For Deliverance
- **His Contrition**
  - Sorrow
  - Confession





# His Plea For Help

(vv. 15-22)

- **The Immediate Danger**
  - Growing Strength of His Enemies
  - Opposers of Good
- **The Plea**
  - Do Not Forsake
  - Help!



